## Friendship Heights Village Center



# Calendar of Events 2017

N E M E R **THURSDAY SUNDAY MONDAY TUESDAY WEDNESDAY FRIDAY SATURDAY** 9:30 a.m.: Tai Chi 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai 8:15 a.m.: Walking Club The Village Book Club will meet on **Tuesday**, 11 a.m. – 4 p.m.: Village 9 a.m. – 1 p.m.: Twin Ongoing Playtime 10:30 a.m.: Coffee and 10:15 a.m.: Yiddish Nov. 21, at 11 a.m. The book selection is "Swing 11 a.m.: Chair Exercise 11 a.m.: Still Life and Current Events 9:30 a.m.: Photography for Children 10:30 a.m.: Balance. 12 p.m.: Chess Group Beyond Time" by Zadie Smith. Look for a copy in the 6:45 p.m.: Acrylic or Oil 7 p.m.: Movie: Spiderman 10 a.m. - 4 p.m.: Artisan Movement and 1 p.m.: All in the Eyes Memory Fair 5:30 p.m.: Program 1 p.m.: Abstract Center Reading Room in the "Village Book Club 10:30 a.m.: Basic **Advisory Committee** Painting 5:30 – 8 p.m.: Artisan Meeting Photography Selections" bookcase. 7:30 p.m.: Concert: David Pedraza **Fair Reception** 10 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure 9:30 a.m.: Tai Chi Intro. 8:15 a.m.: Walking Club **Veterans Day** 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:10 a.m.: Yoga 10 a.m.: Great Books 11 a.m. - 4 p.m.: Village Observed 9 a.m. - 1 p.m.: Twin Ongoing 10:15 a.m.: Yiddish 9:30 a.m. – 1:30 p.m.: 12:30 p.m.: Bridge Club 1 p.m.: Strength Screening 12:30 – 3:30 p.m.: County Mobile **Center Open** Springs Playtime Coffee and 10:30 a.m.: Basic 11 a.m.: Still Life and **9 a.m. to 2 p.m.** 9:15 a.m.: Drop-in Tai 11 a.m.: Chair Exercise Sunday Papers Training 7 p.m.: Café Muse Beyond 6:45 p.m.: Acrylic or Oil Photography 12 p.m.: Chess Group **Commuter Store** 1 p.m.: All in the Eyes 1 p.m.: Balance and Fall 7:30 p.m.: Book Signing 10:30 a.m.: Coffee and 1 p.m.: Suburban Lecture: "Best Foot Prevention with Peter Baker: Current Events 2 – 4 p.m.: Nurse Forward" "Obama: The Call of Specialist Shuttle bus runs on 5:30 p.m.: Community History" 3 – 4 p.m.: Tea weekend schedule **Advisory Committee** 6:30 p.m.: Pilates 7:30 p.m.: Concert: Susan Jones Jazz 15 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure 8:15 a.m.: Walking Club 9:10 a.m.: Yoga 9:30 a.m.: Tai Chi Intro. 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai 10:15 a.m.: Yiddish 9 a.m. – 1 p.m.: Twin 9:30 a.m. – 1:30 p.m.: 10 a.m.: Great Books 10:30 a.m.: Vision Chi 11 a.m.: Chair Exercise 12 p.m.: Chess Group Springs 9:30 a.m.: Photography for 12:30 p.m.: Bridge Club 1 p.m.: Strength Screening 12:30 – 3:30 p.m.: Coffee and Support 10 a.m. - 2 p.m.: AARP 11 a.m. – 4 p.m.: Village Playtime Sunday Papers **Driver Safety** 1 p.m.: All in the Eves Children **County Mobile** 10:30 a.m.: Coffee and 2 p.m.: Jim Resnick on 10:30 a.m.: Basic 3 p.m.: John Eaton Current Events **Commuter Store** 11 a.m.: Still Life and Fire Prevention Photography 1 p.m.: Balance and Fall Concert Beyond 10:30 a.m.: Balance, 7:30 p.m.: Concert: 7:30 p.m.: FRIENDSHIP Prevention 6:45 p.m.: Acrylic or Oil Movement and Thomas Pandolfi HEIGHTS VILLAGE 2 – 4 p.m.: Nurse Memory 1 p.m.: Abstract 7:30 p.m.: Book Signing Specialist **COUNCIL MEETING** with Kurt Newman: "Healing Children" 3 – 4 p.m.: Tea Painting 6:30 p.m.: Pilates 21 22 19 24 9:10 a.m.: Yoga 9:30 a.m.: Tai Chi Intro. **Center Open** 8:15 a.m.: Walking Club Happy Thanksgiving! 8:15 a.m.: Walking Club **Center Open** 10 a.m. – 2 p.m.: MVA Mobile Office 9:30 a.m. – 1:30 p.m.: 9 a.m. to 2 p.m. 11 a.m.: Village Book Club 9 a.m. to 5 p.m. **Center Closed** 9 a.m. – 1 p.m.: Twin Coffee and 9:15 a.m.: Drop-in Tai **No Shuttle Bus** 12 - 4 p.m.: Blood Pressure 9:30 a.m.: Tai Chi Springs 10 a.m.: Great Books Sunday Papers Screening
12:30 – 3:30 p.m.:
County Mobile
Commuter Store Ongoing 10:15 a.m.: Yiddish 12:30 p.m.: Bridge Club 10:30 a.m.: Coffee and Current Events 12 p.m.: Chess Group 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 6:30 p.m.: Pilates 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club 9:30 a.m. – 1:30 p.m.: 9:30 a.m.: Tai Chi Intro. 9:30 a.m.: Tai Chi 12 – 4 p.m.: Blood Pressure 11 a.m. – 4 p.m.: Village Playtime Coffee and 10 a.m.: Great Books Ongoing Screening Sunday Papers 12:30 p.m.: Bridge Club 10:15 a.m.: Yiddish 1 p.m.: Balance and Fall 6:45 p.m.: Acrylic or Oil 1 p.m.: Strength 11 a.m.: Chair Exercise Prevention **12:30 – 3:30 p.m.:** 7:30 p.m.: Book Signing Training 12 p.m.: Chess group with Jim Fitzgerald: "A 7:30 p.m.: Jim Resnick 1 p.m.: All in the Eves County Mobile ourney to the Center of on Fire Prevention 7:30 p.m.: Concert: **Commuter Store** the Mind" Antonio Guiliano 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 6:30 p.m.: Pilates

#### **Shuttle bus hours**



Monday through Friday Saturday and Sunday 6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

#### **Village Center Hours**

Monday through Thursday 9 a.m. to 9 p.m. Friday 9 a.m. to 5 p.m. Saturday and Sunday 8 a.m. to 7 p.m.

### 'Tis the season to share: Collecting for Manna

Once again the Village Center will collect food items for Manna Food Center in Gaithersburg. Manna is the main food bank in Montgomery County and feeds almost 40,000 people every year.

Please bring donations to the Village Center during November and December; they will be delivered to Manna before the holidays. The food most needed include low-sugar cereal, rice, canned meats and tuna, beans, canned fruit and vegetables, pasta and spaghetti sauce, baby formula and baby food, peanut butter, and shelf-stable milk. In addition, items are needed for Manna's Smart Sacks, a program to fight childhood hunger. Each week, more than 2,800 children in 59 elementary schools receive a backpack with nutritious foods for the weekend: small fruit cans or cups, juice boxes that are 100% juice, cans of low-sodium vegetables and lean proteins, individual cereal boxes, oatmeal packets, cereal bars, and small boxes of raisins. Last year Village residents donated 458 pounds of canned and boxed food.

Important: Please check expiration dates before bringing donations and do not bring anything in a glass jar. Baked goods and fresh produce cannot be accepted.